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WHAT IS CLAIMED IS:

- 1. A method for stimulating remodeling of blemished skin in a mammal,
 2 comprising administering to the blemished skin of said mammal a composition that
 3 comprises a ionic metal-peptide complex in an amount effective to remodel the skin and
 4 diminish or remove the skin blemish.
 - 2. The method according to claim 1, wherein the skin blemish is a scar.
- 3. The method according to claim 2, wherein the scar is selected from the group consisting of a surgical scar, a wound scar, an acne scar, a keloid scar, a burn scar, and a Sjogren's syndrome scar.
 - 4. The method according to claim 1, wherein the skin blemish is selected from the group consisting of skin tags, calluses, benign skin moles, stretch marks, facial keratosis, thickened sunspots of the skin, and vitiligo spots.
 - 5. The method of claim 1, wherein the ionic metal is selected from the group consisting of copper(II), tin(II), tin(IV), and zinc(II), and therapeutically acceptable salts and complexes thereof.
 - 6. The method of claim 1, wherein the ionic metal is copper(II).
- 7. The method according to claim 1, wherein the peptide of the ionic metal-peptide complex is an enzymatic hydrolysis of casein, collagen, elastin, meat products, silk protein, or soybean protein.
- 8. The method according to claim 1, wherein the peptide of the ionic metal-peptide complex is an acid hydrolysis of casein, collagen, elastin, meat products, silk protein, or soybean protein.
- 9. The method according to claim 1, wherein the peptide of the ionic metal-peptide complex is a basic hydrolysis of casein, collagen, elastin, meat products, silk protein, or soybean protein.

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1	10. The method according to claim 1, wherein the peptide of the ionic
2	metal-peptide complex is a bacterial hydrolysis of casein, collagen, elastin, meat products,
3	silk protein, or soybean protein.
1	11. The method according to claim 1, wherein the peptide of the ionic
2	metal-peptide complex is a chemically-synthesized copper binding peptide.
1	12. The method according to claim 1, wherein the peptide of the ionic
2	metal-peptide complex is a chemically-synthesized peptide and the ionic metal is copper(II),
3	tin(II), tin(IV), or zinc(II).
1	13. The method according to claim 1, wherein the composition is
2	administered topically or by injection into the skin.
1	14. The method according to claim 1, wherein the ionic metal-peptide
2	complex is combined with a carrier to form a cream or lotion.
1	15. The method according to claim 1, wherein the concentration of the
2	ionic metal-peptide complex in the composition is 1% to 25%.
1	16. A method for inhibiting the development of a scar following a surgical
2	incision in the skin of a mammal, comprising administering to the skin of said mammal at
3	the site of said incision a pharmaceutical composition that comprises a ionic metal-peptide

complex in an amount effective to remodel the skin and inhibit development of a scar at said